

# To Better Serve Our Patients

## Sound Medical Family Practice Is Expanding Telehealth Services!

A telehealth appointment (video visit) is a convenient way for you and your provider to continue to manage your healthcare needs from the comfort of your home!

Using telehealth, your provider can address a wide variety of health concerns such as:

- Chronic conditions like high blood pressure, kidney disease, asthma, diabetes, reflux, arthritis, and much more!
- New acute issues like bronchitis, flu, coronavirus (COVID-19), allergies, ear, sinus, eye, and urinary tract infections
- Concerns about depression and anxiety
- Routine medication follow ups or answering questions about new medications
- Reviewing and answering questions about your most recent test results

### How it Works?

1. Call our office to schedule your telehealth appointment!
2. On the day of your appointment, you will receive a phone call from our office to prepare you for your visit.
3. You will receive a link from your provider which will be sent to your preferred device such as a cell phone, tablet, or computer.
4. Click the link and follow the directions to start your visit!

### Appointment Tips

- Describe what concerns you have and what you need help with
- Have your current medications and supplements available
- Ask questions!

**Questions? Ready to schedule your next telehealth appointment?**

Call us today at (252) 247-3476!